



We have put together a selection of books that we feel would provide the perfect accompaniment to your voyage.

Available from all good book stores.

READING GUIDE

SOUTH AFRICA, NAMIBIA & THE SKELETON COAST

Cape Town to Malaga

NON-FICTION

Nechama Brodie

The Cape Town Book

ISBN: 9781920545987, Paperback

The Cape Town Book presents a fresh picture of the Mother City, one that brings together all its stories. From geology and beaches to forced removals and hip-hop, Nechama Brodie, author of the best-selling *The Joburg Book*, has delved deeply into the hidden past of Cape Town to emerge with a lucid and compelling account of South Africa's first city, its landscape and its people.

Thomas Pakenham

The Scramble for Africa

ISBN: 9780349104492, Paperback

In 1880, the continent of Africa was largely unexplored by Europeans. Less than thirty years later, only Liberia and Ethiopia remained unconquered by them. The rest – 10 million square miles with 110 million bewildered new subjects – had been carved up by five European powers (and one extraordinary individual) in the name of Commerce, Christianity, 'Civilisation' and Conquest.

Martin Meredith

Diamonds, Gold and War: The Making of South Africa

ISBN: 9781416526377, Paperback

The prize was great – not just land, but the riches it held, in the form of diamonds and gold. What became a country called South Africa was, until 1910, a vast and untamed land where great fortunes could be made (and lost); where great battles were fought (and lost); and where great men had their reputations forged, or dashed, or sometimes both.

Nelson Mandela

Long Walk to Freedom

ISBN: 9780349106533, Paperback

The riveting memoirs of the outstanding moral and political leader of our time, *A Long Walk to Freedom* brilliantly recreates the drama of the experiences that helped shape Nelson Mandela's destiny.

Françoise Malby-Anthony, Katja Willemsen

An Elephant in my Kitchen

ISBN: 9781509864898, Hardback

A blonde, chic Parisienne, Françoise never expected to find herself living on a South African game reserve. But when she fell in love with renowned conservationist Lawrence Anthony her life took an unexpected turn. Lawrence died in 2012 and Françoise was left to face the tough reality of running Thula Thula without him, even though she knew very little about conservation. She was short on money, poachers were threatening their rhinos, and one of their elephants was charging Land Rovers on game drives and terrifying guests. There was no time to mourn when Thula Thula's human and animal family were depending on her.

Rian Malan

My Traitor's Heart

ISBN: 9780099583462, Paperback

In 70s South Africa, the author – descendant of the architects of apartheid, middle-class white boy – went to work as a crime reporter for a local Johannesburg rag. There he encountered first-hand the horrors wrought by apartheid. In this book, he attempts to understand his country, its racial hatred, and his own tortured conscience.

Mark Million

Wine: A Global History

ISBN: 9781780231112, Hardback

How did wine surpass all other beverages to achieve global domination? In *Wine*, Marc Millon travels back to the origins of modern man to find the answer, discovering that this heady drink is intertwined with the roots of civilisation itself.

Martin Meredith

The State of Africa

ISBN: 9780857203885, Paperback

The revised and fully updated edition of the seminal, sweeping history of post-colonial Africa.

Ryszard Kapuscinski

The Shadow of the Sun

ISBN: 9780140292626, Paperback

Creates an account of post-colonial Africa seen at once as a whole and as a location that wholly defies generalised explanations. This book gives a sustained meditation on the mosaic of peoples and practices we call 'Africa', and an impassioned attempt to come to terms with humanity itself as it struggles to escape from foreign domination.

Richard Dowden

Africa

ISBN: 9781846276040, Paperback

A revised and updated edition of the landmark book about the miraculous continent by the finest living Africa correspondent. Every time you try to say 'Africa is...' the words crumble and break. From every generalisation you must exclude at least five countries. And just as you think you've nailed down a certainty, you find the opposite is also true. *Africa* is full of surprises.

John Reader

Africa: The Biography of a Continent

ISBN: 9780140266757, Paperback

Recreates the panorama of African history, from the primeval cataclysms that formed the continent to the political upheavals now facing it. This book shows how the world's richest assortment of animals and plants has helped – or hindered – human progress in Africa.

Peter Matthiessen

An African Trilogy

ISBN: 9781860467882, Paperback

During the 1970s and 1980s, Peter Matthiessen took part in a number of expeditions to Africa, witnessing first-hand the continent's many and diverse peoples and

wildlife. The fruits of these journeys are three of the most impressive essays on the natural world of the late twentieth century.

Paul Theroux

The Last Train to Zona Verde

ISBN: 9780141029597, Paperback

Heading north from Cape Town, through South Africa, Namibia, Botswana and Angola, Paul Theroux makes a final journey along Africa's western edge.

Mary H. Kingsley

Travels in West Africa

ISBN: 9780141439426, Paperback

Until 1893, Mary Kingsley lived the typical life of a single Victorian woman, tending to sick relatives and keeping house for her brother. However, on the death of her parents, she undertook an extraordinary decision: with no prior knowledge of the region, she set out alone to West Africa to pursue her anthropological interests.

Garth Owen-Smith

An Arid Eden: A Personal Account of Conservation in the Kaokoveld

ISBN: 9781868423637, Paperback
(Print on Demand - Order Early)

Garth Owen-Smith has spent almost his entire working life fighting – not against a conventional enemy but against official ignorance, harsh climatic conditions, poachers and other enemies of Africa's fast-diminishing wildlife. In the process he has lived and worked in a number of countries but his chosen battlefield has always been the most challenging place of all: the harsh, beautiful and almost unknown Kaokoveld in north-western Namibia, his 'Arid Eden'.

Marion Wallace

A History of Namibia

ISBN: 9781849040914, Hardback

A History of Namibia provides an invaluable introduction and reference source to the past of a country that is often neglected, despite its significance in the history of the region and, indeed, for that of European colonialism and international relations. The book's conclusion looks briefly at the development of Namibia in the two decades since independence.

Daniel Metcalfe

Blue Dahlia, Black Gold

ISBN: 9780099525172, Paperback

Travel writer Daniel Metcalfe's extraordinary exploration of Angola. Since the end of its crippling 27-year civil war over a decade ago, the country has changed almost beyond recognition. An oil-fuelled bonanza has brought about massive foreign investment and a fabulously wealthy new elite, making its capital, Luanda, the second most expensive city in the world. Today, fortunes are being made and lost overnight, and rich Angolans are eagerly buying up the assets of its former coloniser, Portugal.

Ryszard Kapuscinski

Another Day of Life

ISBN: 9780141186788, Paperback

This is a very personal book, about being 'alone and lost'. In 1975, Kapuscinski's employers sent him to Angola to cover the civil war that had broken out after independence. For months he watched as Luanda and then the rest of the country collapsed into a civil war that was in the author's words 'sloppy, dogged and cruel'. In his account, Kapuscinski demonstrates an extraordinary capacity to describe and to explain the individual meaning of grand political abstractions.

Peter Stone

The Canary Islands

ISBN: 9781908493996, Paperback

Explores the fascinating history and culture of this archipelago, where nature and geology provide a spectacular setting.

Barnaby Rogerson

North Africa

ISBN: 9780715643068, Paperback

A guide to the history and culture of the region from its earliest beginnings to its politics and life at the turn of the century.

Eamonn Gearon

The Sahara: A Cultural History

ISBN: 9781904955825, Paperback

The largest desert in the world, the Sahara ranges from the River Nile running through Egypt and Sudan in the east, to the Atlantic coast from Morocco to Mauritania in the west; stretching from the Atlas Mountains and the shores of the Mediterranean in the north, to the fluid Sahelian fringe that delineates the desert in the south. Invaders and traders have come and gone for millennia, but the Sahara is also the place that some people call home.

Susan Gilson Miller

A History of Modern Morocco

ISBN: 9780521008990, Paperback

Morocco is notable for its stable and durable monarchy, its close ties with the West, its vibrant cultural life and its centrality to regional politics. This concise, readable book will inform and enthral students and all those searching for the background to present-day events in the region.

Peter Mayne

A Year in Marrakesh

ISBN: 9780907871088, Paperback

Peter Mayne is to Morocco what Peter Mayle is to Provence, William Dalrymple is to India and what Lawrence Durrell is to Greece. *A Year in Marrakesh* provides an hilarious account of living in the centre of Marrakesh's labyrinthine medina in the 1950s.

Tahis Shah

The Caliph's House

ISBN: 9780553816808, Paperback

Tells the story of Tahir Shah, a writer and filmmaker in his 30s, married, with two children, who was beginning to wilt under British city life. Woven into the narrative is the author's own journey of self-discovery, of learning about a grandfather he hardly knew, and of

coming to love the multi-faceted, contradictory country that is Morocco.

Iain Finlayson

Tangier: City of the Dream

ISBN: 9781780769264, Paperback

No city in the world has quite the exotic allure of Tangier. From the 17th century, it has been a place on the edge, beyond the normal disciplines of government, a city of refuge and excitements where sex is cheap, drugs are plentiful and where the outcasts of the world can breathe easily.

Mohamed Choukri

In Tangier

ISBN: 9781846590610, Paperback

A haven for many Western writers in the twentieth century, Tangier drew the likes of Paul Bowles, Jean Genet and Tennessee Williams. Each was befriended by Mohamed Choukri. This book offers insights into these three cult figures of twentieth-century literature.

Chris & Mathilde Stuart

Pocket Guide: Mammals of Southern Africa

ISBN: 9781770078611, Paperback

Covers some 120 mammals, from the smallest (bats, sengis and shrews) to the largest, such as elephant, lion and rhinoceros, as well as marine species, including seals, dolphins and whales.

Elephant Specialist Advisory Group

Understanding Elephants

ISBN: 9781775843412, Paperback

Elephants are arguably Africa's most charismatic animals, and among the biggest drawcards to our game reserves. This book describes elephant family life, from rearing of infants to establishing dominance within a herd; it unpacks regular elephant behaviour, the matriarchal system, the particular dangers of males in musth, and many other aspects of their lives. This is an essential guide for those planning visits to reserves: aside from the interest factor, being able to read the tell-tale signs may just save lives.

Simclair et al

Birds of Southern Africa

ISBN: 9781770079250, Paperback

Birds of Southern Africa remains the region's most comprehensively illustrated and trusted field guide.

Frédéric Jiguet, Aurélien Audevard, Tony Williams (translator)

Birds of Europe, North Africa and the Middle East

ISBN: 9780691172439, Paperback

Lavishly illustrated, up-to-date, and wide-ranging, *Birds of Europe, North Africa and the Middle East* is an essential field guide for every naturalist and birder.

John Manning

Field Guide to the Wild Flowers of South Africa

ISBN: 9781770077584, Paperback

South Africa, together with Lesotho and Swaziland, is home to some 19,000 shrubs and herbs, a large number of which bear flowers of intricate and often stunning beauty. This guide covers more than 1,100 species of this flora, focusing on the most common, conspicuous and 'showy' plants around the region.

Brett Jarrett, Hadoram Shirihai, Brett Jarrett (illustrator)

Whales, Dolphins and Seals: A Field Guide to the Marine Mammals of the World

ISBN: 9780713670370, Paperback

This new field guide is a complete and convenient reference to every species of cetacean, pinniped and sirenian in the world, along with the Marine and Sea Otters and the Polar Bear. Every species is illustrated with magnificent colour paintings and a stunning collection of photographs, chosen to illustrate the key field marks which can be used to separate each species in the field.

Graham Park

Introducing Geology

ISBN: 9781906716219, Paperback

This introductory book explains in simple terms what geology can tell us about the world.

Carrie Gibson (Lecturing on Board)

Empire's Crossroads

ISBN: 9781447217282, Paperback

In *Empire's Crossroads*, Carrie Gibson offers readers a vivid, authoritative and action-packed history of the Caribbean. For Gibson, everything was created in the West Indies: the Europe of today, its financial foundations built with sugar money: the factories and mills built as a result of the work of slaves thousands of miles away; the idea of true equality as espoused in Saint Domingue in the 1790s; the slow progress to independence; and even globalisation and migration, with the ships passing to and fro taking people and goods in all possible directions, hundreds of years before the term 'globalisation' was coined.

FICTION

Kopano Matlwa

Evening Primrose

ISBN: 9781473662285, Paperback

When Masechaba finally achieves her childhood dream of becoming a doctor, her ambition is tested as she faces the stark reality of South Africa's public healthcare system. As she leaves her deeply religious mother and makes friends with the politically-minded Nyasha, Masechaba's eyes are opened to the rising xenophobic tension that carries echoes of apartheid.

J. M. Coetzee

Disgrace

ISBN: 9780099289524, Paperback

After years teaching Romantic poetry at the Technical University of Cape Town, David Lurie, middle-aged and twice divorced, has an impulsive affair with a student. The affair sours; he is denounced and summoned before a committee of inquiry. Willing to admit his guilt, but refusing to yield to pressure to repent publicly, he resigns and retreats to his daughter Lucy's isolated smallholding.

Alan Paton

Cry, the beloved Country

ISBN: 9780099766810, Paperback

Tells the story of the Zulu pastor Stephen Kumalo and his son Absalom, set against the background of a land and a people riven by racial injustice. This work talks about love and hope, courage and endurance, born of the dignity of man.

Nadine Gordimer

The Conservationist

ISBN: 9780747578246, Paperback

Mehring is rich. He has all the privileges and possessions that South Africa has to offer, but his possessions refuse to remain objects. His wife, son and mistress leave him; his foreman and workers become increasingly indifferent to his stewardship; even the land rises up, as drought, then flood, destroy his farm. As the upheaval in Mehring's world increasingly resembles that in the country as a whole, it becomes clear that only a seismic shift in ideas and concrete action can avert annihilation.

V. S. Naipaul

A Bend in the River

ISBN: 9780330522991, Paperback

This spot, this 'bend in the river', is a microcosm of post-colonial Africa at the time of Independence: a scene of chaos, violent change, warring tribes, ignorance, isolation and poverty. And from this rich landscape emerges one of the author's most potent works – a truly moving story of historical upheaval and social breakdown.

Ayesha Harruna Attah

Saturday's Shadows

ISBN: 9789462380431, Paperback

The protagonists of *Saturday's Shadows* experience the fine line between sanity and madness as they try to find and hold on to love in the volatile world of 1990s West Africa.

José Eduardo Agualusa

A General Theory of Oblivion

ISBN: 9780099593126, Paperback

The brilliant new novel from the winner of the Independent Foreign Fiction Prize. On the eve of Angolan independence, Ludo bricks herself into her apartment, where she will remain for the next thirty years. She lives off vegetables and pigeons, burns her furniture and books to stay alive and keeps herself busy by writing her story on the walls of her home.

Ben Okri

The Famished Road

ISBN: 9780099929307, Paperback

Azaro is a spirit child who is born only to live for a short while before returning to the idyllic world of his spirit companions. Now he has chosen to stay in the world of the living. This is his story.

Chigozie Obioma

The Fisherman

ISBN: 9780957548855, Hardback

In this dazzling debut novel, four young brothers in a small Nigerian town encounter a madman, whose prophecy of violence threatens the core of their family

Tahar Ben Jelloun

The Burning Absence of Light

ISBN: 9780141022826, Paperback

In this extraordinary non-fiction novel, based on a true story, Tahar Ben Jelloun traces the experiences of Salim who, in 1971, took part in a failed coup attempt to oust King Hassan II of Morocco. With sixty others Salim was incarcerated in a secret prison complex in the Moroccan desert: he was to remain there for nearly twenty years. In starkly eloquent, beautiful prose, Ben Jelloun relates the prisoners' experiences as they struggle to survive.

Chinua Achebe

Things Fall Apart

ISBN: 9780141023380, Paperback

Okonowo is the greatest warrior alive and he is one of the powerful men of his clan. But he also has a fiery temper. Determined not to be like his father, he refuses to show his weakness. When outsiders threaten the traditions of his clan, he takes violent action. Will the great man's pride eventually destroy him?

Esther Freud

Hideous Kinky

ISBN: 9780140174120, Paperback

Two little girls are taken by their mother to Morocco on a 1960s pilgrimage of self-discovery. For Mum, it is not just an escape from the grinding conventions of English life but a quest for personal fulfilment; her children, however, seek something more solid and stable amidst the shifting desert sands.

Juan Tomás Ávila Laurel

The Gurugu Pledge

ISBN: 9781908276940, Paperback

On Mount Gurugu, overlooking the Spanish enclave of Melilla on the North African coast, desperate migrants gather before attempting to scale the city's walls and gain asylum on European soil. Inspired by firsthand accounts, Juan Tomás Ávila Laurel has written an urgent novel, by turns funny and sad, bringing a distinctly African perspective to a major issue of our time.

MAPS & GUIDES

Michelin Maps

Africa North and West

ISBN: 9782067172203

Michelin Maps

**Africa Central & South with
Madagascar**

ISBN: 9782067172555

Eyewitness Guide

South Africa

ISBN: 9780241278673, Paperback

Rough Guide

**Cape Town, the Winelands & The
Garden Route**

ISBN: 9780241306208, Paperback

Currently the best up-to-date guide on the market.

Chris & Mathilde Stuart

**Stuarts' Field Guide to National
Parks & Nature Reserves of South
Africa**

ISBN: 9781775846116, Paperback

This field guide covers all key game and nature reserves of South Africa.

Insight Guide

Namibia

ISBN: 9781786717498, Paperback

Bradt Guide

Namibia

ISBN: 9781841629148, Paperback

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Angola

ISBN: 9781841624433, Paperback

Bradt Guide

Sao Tome & Principe

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Explore Marrakesh

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