



We have put together a selection of books that we feel would provide the perfect accompaniment to your voyage.

Available from all good book stores.

READING GUIDE

ISLANDS OF THE INDIAN OCEAN & SOUTH AFRICA

Colombo to Cape Town

NON-FICTION

John Holt

The Sri Lanka Reader

ISBN: 9780822349822, Paperback

Along with fifty-four images of paintings, sculptures and architecture, this book includes more than ninety classic and contemporary texts written by Sri Lankans and foreigners.

Michael Ondaatje

Running in the Family

ISBN: 9780141189574, Paperback

Integrating Eastern and Western spiritual traditions with psychoanalysis and philosophy, this title tells the story of a young Brahmin's search for ultimate reality after meeting with the Buddha.

Leonard Woolf

Growing: Seven Years in Ceylon

ISBN: 9781780600710, Paperback

Growing is a portrait of a young man sent straight out from university to help govern Ceylon. It is doubtful that any Empire at any time has been served by such an intelligent, dutiful, hardworking and incorruptible civil servant as the young Leonard Woolf. He was determined to do what was good but discovered for himself that colonial rule, be it ever so high-minded, is fated to do wrong.

Edward A. Alpers

The Indian Ocean in World History

ISBN: 9780195337877, Paperback

The Indian Ocean remains the least studied of the world's geographic regions. Yet there have been major cultural exchanges across its waters and around its shores from the third millennium B.C.E. to the present day. Historian Edward A. Alpers explores the complex issues involved in cultural exchange in the Indian Ocean Rim region over the course of this long period of time by combining a historical approach with the insights of anthropology, art history, ethnomusicology and geography.

J. J. Robinson

The Maldives

ISBN: 9781849045896, Paperback

The Maldives is a small and beautiful archipelago south of India, more renowned for luxury resorts than experiments in democracy. It is a country of contradictions, where tourists sip cocktails on the beach while on nearby islands local women are flogged for extramarital sex and blackmarket vodka costs \$140 a bottle. Until 2008, the Maldives also hosted Asia's longest-serving dictator, Maumoon Abdul Gayoom.

Alec Waugh

Where the Clock Chimes Twice

ISBN: 9781448201204, Paperback
(Print on Demand – Order Early)

The chief object of these travels in the early 50s was to visit the Seychelles. This remote British colony, lost in the immensity of the Indian Ocean, is a world forgotten by the world, a world in itself. Alec Waugh's description of these tropical islands, their people and their history, ranks among the best of travel writing.

Tim Cleary

Mauritius: Culture Smart!

ISBN: 9781857335422, Paperback

Mauritius is a conundrum. A small, exotic, multiethnic island nation in the Indian Ocean, to some it is a multicultural "rainbow," a haven of peace, love and understanding. Others see it as ethnically divided, cultivating only "sugarcane and prejudice." *Mauritius: Culture Smart!* will help you make sense of the modern and the traditional, of shared and ancestral culture, and enable you to navigate your way through the contradictions at the heart of modern Mauritius.

Robert Ross

A Concise History of South Africa

ISBN: 9780521720267, Paperback

This book provides a succinct synthesis of Southern African history from the introduction of agriculture about 1500 years ago up to and including the government of Thabo Mbeki. Stressing economic, social,

cultural and environmental matters as well as political history, it shows how South Africa has become a single country.

Thomas Pakenham

The Scramble for Africa

ISBN: 9780349104492, Paperback

In 1880, the continent of Africa was largely unexplored by Europeans. Less than thirty years later, only Liberia and Ethiopia remained unconquered by them. The rest – 10 million square miles with 110 million bewildered new subjects – had been carved up by five European powers (and one extraordinary individual) in the name of Commerce, Christianity, 'Civilisation' and Conquest.

Bill Nasson

The Boer War: The Struggle for South Africa

ISBN: 9780752460222, Paperback

The Boer War was a costly colonial conflict between the British Empire and the two independent Boer republics in South Africa.

Ian Knight

The Zulu War 1879

ISBN: 9781841766126, Paperback

This title covers one of the most dramatic periods of British and African history including the Zulu's victory at Isandlwana. It assesses not only the causes of the war, but traces its progress and the repercussions that are still felt today.

Rian Malan

My Traitor's Heart

ISBN: 9780099583462, Paperback

In 70s South Africa, the author – descendant of the architects of apartheid, middle-class white boy – went to work as a crime reporter for a local Johannesburg rag. There he encountered first-hand the horrors wrought by apartheid. In this book, he attempts to understand his country, its racial hatred, and his own tortured conscience.

Nelson Mandela

Long Walk to Freedom

ISBN: 9780349106533, Paperback

The riveting memoirs of the outstanding moral and political leader of our time, *A Long Walk to Freedom* brilliantly recreates the drama of the experiences that helped shape Nelson Mandela's destiny.

Nelson Mandela Foundation

Prisoner in the Garden

ISBN: 9780143538394, Paperback

Between the covers of this handsome, full-colour publication, you will catch glimpses of Mandela's notebooks, his diaries and personal correspondence. There are also images and photographs, many previously unpublished.

R. W. Johnson

South Africa's Brave New World: The Beloved Country since the end of Apartheid

ISBN: 9780141000329, Paperback

Nelson Mandela's inauguration as president of South Africa in 1994 seemed to usher in an age of peaceful, rational change. This book explains how this was not to be. It reveals how Thabo Mbeki and those around him brought South Africa close to 'failed state' status – and explores the implications for its future.

Ryszard Kapuscinski

The Shadow of the Sun

ISBN: 9780140292626, Paperback

Creates an account of post-colonial Africa seen at once as a whole and as a location that wholly defies generalised explanations. This book gives a sustained meditation on the mosaic of peoples and practices we call 'Africa', and an impassioned attempt to come to terms with humanity itself as it struggles to escape from foreign domination.

Françoise Malby-Anthony, Katja Willemssen

An Elephant in my Kitchen

ISBN: 9781509864898, Hardback

A blonde, chic Parisienne, Françoise never expected to find herself living on a South African game reserve. But when she fell in love with renowned conservationist Lawrence Anthony her life took an unexpected turn. Lawrence died in 2012 and Françoise was left to face the tough reality of running Thula Thula without him, even though she knew very little about conservation. She was short on money, poachers were threatening their rhinos, and one of their elephants was charging Land Rovers on game drives and terrifying guests. There was no time to mourn when Thula Thula's human and animal family were depending on her.

Peter Matthiessen

An African Trilogy

ISBN: 9781860467882, Paperback

During the 1970s and 1980s, Peter Matthiessen took part in a number of expeditions to Africa, witnessing first-hand the continent's many and diverse peoples and wildlife. The fruits of these journeys are three of the most impressive essays on the natural world of the late twentieth century.

Nechama Brodie

The Cape Town Book

ISBN: 9781920545987, Paperback

The Cape Town Book presents a fresh picture of the Mother City, one that brings together all its stories. From geology and beaches to forced removals and hip-hop, Nechama Brodie, author of the best-selling *The Joburg Book*, has delved deeply into the hidden past of Cape Town to emerge with a lucid and compelling account of South Africa's first city, its landscape and its people.

Chris Stringer (Lecturing On Board)

The Origin of our Species

ISBN: 9780141037202, Paperback

This book tackles the big questions in the ongoing debate about the beginnings of human life on earth. Do all humans originate from Africa? How did we spread across the globe? Are we separate from Neanderthals, or do some of us actually have their genes? When did humans become 'modern' – are traits such as art, technology, language, ritual and belief unique to us? Has human evolution stopped, or are we still evolving?

Members of the Travellers Club & Nigel Cox (Lecturing On Board)

Brave Lives

ISBN: 9781473895843, Hardback

Members of The Travellers Club, Pall Mall are constantly reminded of the 50 members and staff who died in service during the Great War by an imposing memorial which dominates the entrance to the Coffee Room. The purpose of this commemorative volume is to go beyond the bare facts of name, rank, decorations and service details, incised in the cold marble, and to learn more about these men, their backgrounds and interests, the main events of their lives, and the circumstances of their deaths.

Gehan de Silva Wijeyeratne

Sri Lankan Wildlife Guide

ISBN: 9781841621746, Paperback

Sri Lanka is home to elephants, leopards, bears and water buffalo and boasts one of the highest species densities of marine mammals in the world.

Ruide Kuitert & Tim Godfrey

Fishes of the Maldives: Indian Ocean

ISBN: 9781876410254, Paperback

A complete reference book of sharks, rays and fishes of the Maldives for researchers, divers and snorkellers. Contains 1124 colour photographs of almost every fish likely to be seen by divers.

Chris & Mathilde Stuart

Pocket Guide: Mammals of Southern Africa

ISBN: 9781770078611, Paperback

Covers some 120 mammals, from the smallest (bats, sengis and shrews) to the largest, such as elephant, lion and rhinoceros, as well as marine species, including seals, dolphins and whales.

Elephant Specialist Advisory Group

Understanding Elephants

ISBN: 9781775843412, Paperback

Elephants are arguably Africa's most charismatic animals, and among the biggest drawcards to our game reserves. This book describes elephant family life, from rearing of infants to establishing dominance within a herd; it unpacks regular elephant behaviour, the matriarchal system, the particular dangers of males in musth, and many other aspects of their lives. This is an essential guide for those planning visits to reserves: aside from the interest factor, being able to read the tell-tale signs may just save lives.

Simclair et al

Birds of Southern Africa

ISBN: 9781770079250, Paperback

Birds of Southern Africa remains the region's most comprehensively illustrated and trusted field guide.

John Manning

Field Guide to the Wild Flowers of South Africa

ISBN: 9781770077584, Paperback

South Africa, together with Lesotho and Swaziland, is home to some 19,000 shrubs and herbs, a large number of which bear flowers of intricate and often stunning beauty. This guide covers more than 1,100 species of this flora, focusing on the most common, conspicuous and 'showy' plants around the region.

FICTION

Translated by R. K. Narayan

The Ramayana: A Shortened Modern Prose Version of the Indian Epic (Suggested by the Tamil Version of Kamban)

ISBN: 9780143039679, Paperback

The Ramayana is, quite simply, the greatest of Indian epics – and one of the world's supreme masterpieces of storytelling. Everyone of whatever age, outlook, education or station in life knows the essential part of the epic and adores the main figures in it – Rama and Sita. A purely magical story that is part of the culture, the history and soul of the Sri Lankan people.

Leonard Woolf

The Village in the Jungle

ISBN: 9780907871293, Paperback

This novel, set in Ceylon, follows the lives of a handful of villagers hacking out a fragile existence in a jungle where indiscriminate growth, indifferent fate and malevolent neighbours constantly threaten to overwhelm them.

Roma Tearne

Mosquito

ISBN: 9780007233663, Paperback

A lyrical and profoundly moving story of love, loss and civil war, set in Sri Lanka, London and Venice. When author Theo Samarajeeva returns to his native Sri Lanka after his wife's death, he hopes to escape his gnawing loss amid the lush landscape of his increasingly

war-torn country. But as he sinks into life in this beautiful, tortured land, he also finds himself slipping into friendship with an artistic young girl, Nulani, whose family is caught up in the growing turmoil.

Amitav Ghosh

Sea of Poppies

ISBN: 9780719568978, Paperback

At the heart of this epic saga, set just before the Opium Wars, is an old slaving-ship, the Ibis. Its destiny is a tumultuous voyage across the Indian Ocean, its crew a motley array of sailors and stowaways, coolies and convicts.

Amitav Ghosh

River of Smoke

ISBN: 9780719568893, Paperback

In September 1838 a storm blows up on the Indian Ocean and the Ibis, a ship carrying a consignment of convicts and indentured laborers from Calcutta to Mauritius, is caught up in the whirlwind. When the seas settle, five men have disappeared – two lascars, two convicts and one of the passengers.

Amitav Ghosh

Flood of Fire

ISBN: 9780719569029, Paperback

The thrilling climax to the Ibis trilogy that began with the phenomenal Booker-shortlisted *Sea of Poppies*. It is 1839 and tension has been rapidly mounting between China and British India following the crackdown on opium smuggling by Beijing. With no resolution in sight, the colonial government declares war.

Alan Paton

Cry, the beloved Country

ISBN: 9780099766810, Paperback

Tells the story of the Zulu pastor Stephen Kumalo and his son Absalom, set against the background of a land and a people riven by racial injustice. This work talks about love and hope, courage and endurance, born of the dignity of man.

Kopano Matlwa

Evening Primrose

ISBN: 9781473662285, Paperback

When Masechaba finally achieves her childhood dream of becoming a doctor, her ambition is tested as she faces the stark reality of South Africa's public healthcare system. As she leaves her deeply religious mother and makes friends with the politically-minded Nyasha, Masechaba's eyes are opened to the rising xenophobic tension that carries echoes of apartheid.

J. M. Coetzee

Disgrace

ISBN: 9780099289524, Paperback

After years teaching Romantic poetry at the Technical University of Cape Town, David Lurie, middle-aged and twice divorced, has an impulsive affair with a student. The affair sours; he is denounced and summoned before a committee of inquiry. Willing to admit his guilt, but refusing to yield to pressure to repent publicly, he resigns and retreats to his daughter Lucy's isolated smallholding.

Nadine Gordimer

The Conservationist

ISBN: 9780747578246, Paperback

Mehring is rich. He has all the privileges and possessions that South Africa has to offer, but his possessions refuse to remain objects. His wife, son and mistress leave him; his foreman and workers become increasingly indifferent to his stewardship; even the land rises up, as drought, then flood, destroy his farm. As the upheaval in Mehring's world increasingly resembles that in the country as a whole, it becomes clear that only a seismic shift in ideas and concrete action can avert annihilation.

MAPS & GUIDES

Insight Guides

Flexi Map, Sri Lanka

ISBN: 9781786719195, sheet map (folded)

Michelin Maps

Africa Central & South with Madagascar

ISBN: 9782067172555

National Geographic Map

Durban

ISBN: 9780792233220

Marco Polo Map

Cape Town

ISBN: 9783829769679

Marco Polo Guide

Sri Lanka (with map)

ISBN: 9783829707862, Paperback

Bradt Guide

Sri Lanka

ISBN: 9781784770570, Paperback

Insight Guides

Mauritius, Reunion & Seychelles

ISBN: 9781780058405, Paperback

Eyewitness Guide

South Africa

ISBN: 9780241278673, Paperback

Chris & Mathilde Stuart

Stuarts' Field Guide to National Parks & Nature Reserves of South Africa

ISBN: 9781775846116, Paperback

This field guide covers all key game and nature reserves of South Africa.

Rough Guide

Cape Town, the Winelands & The Garden Route

ISBN: 9780241306208, Paperback

Currently the best up-to-date guide on the market.

