



We have put together a selection of books that we feel would provide the perfect accompaniment to your voyage.

Available from all good book stores.

## READING GUIDE

### MEDITERRANEAN ODYSSEY

#### *Lisbon to Rome*

#### NON-FICTION

*Colin McEvedy*

#### **New Penguin Atlas of Ancient History**

ISBN: 9780140513486, Paperback

In a chronological series of maps and accompanying text it traces the movements of races in Europe, the Mediterranean area and the Near East from 50,000BC to the fourth century AD.

*David S H Abulafia*

#### **The Great Sea**

ISBN: 9780141977164, Paperback

For over three thousand years, the Mediterranean Sea has been one of the great centres of civilisation. David Abulafia's *The Great Sea* is the first complete history of the Mediterranean, from the erection of temples on Malta around 3500BC to modern tourism.

*Robert Holland*

#### **The Warm South: How the Mediterranean Shaped the British Imagination**

ISBN: 9780300235920, Hardback

An evocative exploration of the impact of the Mediterranean on British culture, ranging from the mid-eighteenth century to today. Referred to as "Magick Land" by one traveller, dreams about the Mediterranean, and responses to it, went on to shape the culture of a nation. Written by one of the world's leading historians of the Mediterranean, this book charts how a new sensibility arose from British engagement with the Mediterranean, ancient and modern.

*Barry Hatton*

#### **Queen of the Sea: A History of Lisbon**

ISBN: 9781849049979, Paperback

Lisbon's charm is legendary, but its vibrant 2,000-year history is not widely known. From its Roman legacy to its centuries under Moorish rule, Barry's vivid account of Lisbon's colourful past and present, brings to life the 1147 siege during the Iberian reconquista, the assassination of the king, the founding of a republic and the darkness of a modern dictatorship.

*Barry Hatton*

#### **The Portuguese: A Modern History**

ISBN: 9781904955771, Paperback

A veteran journalist and commentator on Portugal, the author paints an intimate portrait of a fascinating and at times contradictory country and its people.

*Olivier Widmaier Picasso*

#### **Picasso: An Intimate Portrait**

ISBN: 9781849765893, Hardback

This new biography paints a riveting portrait of Pablo Picasso, examining both his strengths and shortcomings as husband, lover and father. Olivier Widmaier Picasso's unique insight into the life of one of the twentieth century's most influential artists, details not only Picasso's hopes, fears and regrets, but also his certainties and commitments, his unique audacity, his happiness and his conflicts.

*Jan Morris*

#### **Spain**

ISBN: 9780571241767, Paperback

Spain is one of the absolutes. Nothing is more compelling than the drama, at once dark and dazzling, of that theatre over the hills – the vast splendour of the Spanish landscape, the intensity of Spain's pride and misery, the adventurous glory of a history that set its seal upon half the world. Passionate, evocative and beautifully written, *Spain* is a companion to the country: its people, its history – and its character.

*Robert Hughes*

#### **Barcelona**

ISBN: 9781860468247, Paperback

A modern homage to a proud, cosmopolitan city, where geniuses like Picasso and Miro learned how to break the rules. Robert Hughes takes us down the Ramblas, through the "intestinal windings" of the ancient gothic quarter, past the bountiful Boqueria market to the Eixample.

*Ian Davidson*

#### **The French Revolution: From Enlightenment to Tyranny**

ISBN: 9781846685415, Paperback

The fall of the Bastille on July 14, 1789 has become the commemorative symbol of the French Revolution. But this violent and random act was unrepresentative of the real work of the early revolution, which was taking place ten miles west of Paris, in Versailles. There, the nobles, clergy and commoners of France had just declared themselves a republic, toppling a rotten system of aristocratic privilege and altering the course of history forever.

*Piu Marie Eatwell*

#### **They Eat Horses Don't They?**

ISBN: 9781781854464, Paperback

An entertaining and informative journey exploring the many popular myths and misconceptions about the French.

*Graham Robb*

#### **The Discovery of France**

ISBN: 9781509803484, Paperback

*The Discovery of France*, illuminating, engrossing and full of surprises, is the result of Robb's 14,000 mile journey across France on a bicycle. Winner of both the Duff Cooper and the Royal Society of Literature Ondaatje prizes, *The Discovery of France* is a modern non-fiction classic, a literary exploration of a remarkable nation.

*John Julius Norwich*

**France: A History: From Gaule to de Gaulle**

ISBN: 9781473663831, Hardback

From frowning Roman generals and belligerent Gallic chieftains, to Charlemagne (hated by generations of French children taught that he invented schools) through Marie Antoinette and the storming of the Bastille to Vichy, the Resistance and beyond, this book is packed with heroes and villains, adventures and battles, romance and revolution. Full of memorable stories and racy anecdotes, this is the perfect introduction to the country that has inspired the rest of the world to live, dress, eat and love better.

*Jonathan Sumption*

**The Albigensian Crusade**

ISBN: 9780571200023, Paperback

In twelfth century Languedoc a subversive heresy of Eastern origin flourished to an extraordinary degree. The Albigenses believed that the world was created by an evil spirit, and that all worldly things – including the Church – were by nature sinful.

*Joëlle Rollo-Koster*

**Avignon and Its Papacy, 1309-1417  
Popes, Institutions, and Society**

ISBN: 9780810894990, Paperback  
(Print on Demand – Order Early)

With the arrival of Clement V in 1309, seven popes ruled the Western Church from Avignon until 1378. Joëlle Rollo-Koster traces the compelling story of the transplanted papacy in Avignon, the city the popes transformed into their capital.

*Ted Jones*

**The French Riviera: A Literary  
Guide for Travellers**

ISBN: 9781845114558, Paperback

The sunlight and calm of the French Riviera have been a magnet for writers since the fourteenth century. The Cote d'Azur has provided the inspiration and setting for some of the greatest literature of the nineteenth and twentieth centuries. *The French Riviera: A Literary Guide for Travellers* is a reader's journey along this fabled coast introducing the lives and work of writers who passed this way, from distinguished Nobel laureates to new authors who found their voices there.

*Matthew Fort*

**Summer in the Islands: An Italian  
Odyssey**

ISBN: 9781783523320, Hardback

The celebrated food and travel writer takes us through the culinary and cultural history of the 52 Italian islands – from Capri to Elba and Pianosa.

*Jeremy Black*

**A Brief History of Italy**

ISBN: 9781472140890, Paperback

This concise history covers, in very readable fashion, the formative events in Italy's past from the rise of Rome, through a unified country in thrall to fascism in the first half of the twentieth century right up to today.

*Helena Attlee*

**The Land Where Lemons Grow: The  
Story of Italy and its Citrus Fruit**

ISBN: 9780241952573, Paperback

A delightful book about Italy's unexpected history, told through its citrus fruits. The story of citrus runs through the history of Italy like a golden thread, and by combining travel writing with history, recipes, horticulture and art, Helena Attlee takes the reader on a unique and rich journey through Italy's cultural, moral, culinary and political past.

*Goethe*

**Italian Journey**

ISBN: 9780140442335, Paperback

In 1786, Goethe set out on a journey to Italy to fulfil a personal and artistic quest and to find relief from his responsibilities and the agonies of unrequited love. As he travelled to Venice, Rome, Naples and Sicily he wrote many letters filled with observations on art and history, plants, landscape and the character of the people he met which he later used as the basis for this remarkable work.

*Colin McEvedy*

**The Merchant of Prato: Daily Life in  
a Medieval Italian City**

ISBN: 9780241293928, Paperback

This extraordinary re-creation of the life of a medieval Italian merchant, Francesco di Marco Datini, is one of the greatest historical portraits written in the twentieth century. Drawing on an astonishing cache of letters unearthed centuries after Datini's death, it reveals to us a shrewd, enterprising, anxious man, as he makes deals, furnishes his sumptuous house, buys silks for his outspoken young wife and broods on his legacy.

*Edward Chaney*

**Florence: A Traveller's Reader**

ISBN: 9781472141293, Paperback

The rich and glorious past of one of the best loved cities in the world, Florence, is brought vividly to life for today's visitor in this collection which draws on letters, diaries and memoirs of travellers to Florence and the Florentines themselves.

*Diana Athill*

**A Florence Diary**

ISBN: 9781783783168, Hardback

In August 1947, Diana Athill travelled to Florence by the Golden Arrow train for a two-week holiday with her good friend Pen. In this playful diary of that trip, Athill recorded her observations and adventures – eating with (and paid for by) the hopeful men they meet on their travels, admiring architectural sights, sampling delicious pastries, eking out their budget and getting into scrapes.

*Christopher Hibbert*

**The Rise and Fall of the House  
of Medici**

ISBN: 9780140050905, Paperback

At its height, Renaissance Florence was a centre of enormous wealth, power and influence. A republican city-state funded by trade and banking, its often bloody political

scene was dominated by rich mercantile families, the most famous of which were the Medicis. This enthralling book charts the family's huge influence on the political, economic and cultural history of Florence.

*Georgio Vasari*

**Lives of the Artists**

ISBN: 9780199537198, Paperback

Packed with facts, attributions, and entertaining anecdotes about his contemporaries, Vasari's collection of biographical accounts also presents a highly influential theory of the development of Renaissance art.

*Georg Simmel*

**The Art of the City: Rome, Florence  
and Venice**

ISBN: 9781782274483, Paperback

The quartet of essays contained in this book includes dazzling portraits of Italy's iconic cities of art and history, Rome, Florence and Venice, as well as Simmel's hugely influential *The Metropolis and the Life of the Spirit*, one of the most important analyses of urban life and the alienation of the individual ever written.

*Christopher Hibbert*

**The Borgias**

ISBN: 9781849019941, Paperback

The name Borgia is synonymous with the corruption, nepotism and greed that were rife in Renaissance Italy. The powerful, voracious Rodrigo Borgia, better known to history as Pope Alexander VI, was the central figure of the dynasty. This title presents a portrait of the Borgia family.

*Mary Beard*

**SPQR: A History of Ancient Rome**

ISBN: 9781846683817, Paperback

*SPQR* is a new look at Roman history from one of the world's foremost classicists. It explores not only how Rome grew from an insignificant village in central Italy to a power that controlled territory from Spain to Syria, but also how the Romans thought about themselves and their achievements, and why they are still important to us.

*Brigitte Hintzen-Bohlen*

**Rome: Art & Architecture**

ISBN: 9783848003204, Paperback

Even into the twentieth century, artists from every corner of the globe were magically drawn to Rome, which served as their model and inspiration. This is a guide in which the magnificent panorama of the Eternal City unfolds before the readers' eyes.

*Amanda Claridge*

**Rome: An Oxford Archaeological  
Guide**

ISBN: 9780199546831, Paperback

The city of Rome is the largest archaeological site in the world, capital and showcase of the Roman Empire and the centre of Christian Europe. This guide provides coverage of all the important sites in the city from 800BC to AD600 and the start of the early middle ages, drawing on the latest discoveries and the best of recent scholarship.

Paul Sterry

### **Birds of the Mediterranean**

ISBN: 9780713663495, Paperback

This photoguide covers all the species occurring in the areas bordering the Mediterranean. This area holds a rich variety of habitat types and supports a range of highly characteristic species.

Lawson Wood

### **Sea Fishes of the Mediterranean Including Marine Invertebrates**

ISBN: 9781472921789, Paperback

*Sea Fishes of the Mediterranean* reveals the fascinating wealth of sea life found in this diverse but little-documented region. This compact and easy-to-use guide is illustrated with many specially-commissioned colour photographs taken in a number of unique and exotic locations.

Peter and Ingrid Schonfelder

### **Wild Flowers of the Mediterranean**

ISBN: 9781912081707, Paperback

The plant world of the Mediterranean region is remarkable for its great diversity of species and forms. This user-friendly pocket nature guide is organised by colour to help identify over 500 commonly seen flowers, shrubs, trees, grasses and ferns. Detailed descriptions give the common and scientific names as well as the flowering time.

Jonathan Phillips

(Lecturing on Board)

### **Holy Warriors: A Modern History of the Crusades**

ISBN: 9781845950781, Paperback

In his remarkable book, Jonathan Phillips explores the conflict of ideas, beliefs and cultures and shows both the contradictions and diversity of holy war. He draws on contemporary writings – on chronicles, songs, sermons, travel diaries and peace treaties – to throw a brilliant new light on people and events we thought we knew well.

Jonathan Phillips

(Lecturing on Board)

### **The Fourth Crusade: And the Sack of Constantinople**

ISBN: 9781844130801, Paperback

In this remarkable new assessment of the Fourth Crusade, Jonathan Phillips follows the fortunes of the leading players and explores the conflicting motives that drove the expedition to commit the most infamous massacre of the crusading movement.

Jonathan Phillips

(Lecturing on Board)

### **The Second Crusade: Extending the Frontiers of Christendom**

ISBN: 9780300164756, Hardback

This book, the first in 140 years devoted to the Second Crusade, fills a major gap in our understanding of the Crusades and their importance in medieval European history. Historian Jonathan Phillips draws on the latest developments in Crusade studies to cast new light on the origins, planning, and execution of the Second Crusade, some of its more radical intentions, and its unprecedented ambition.

Jonathan Phillips

(Lecturing on Board)

### **The Life and Legend of the Sultan Saladin**

ISBN: 9781847922144, Hardback

In 1187, Saladin marched triumphantly into Jerusalem, ending decades of struggle against the Christians and reclaiming the holy city for Islam. Four years later he fought off the armies of the Third Crusade, forces commanded by Europe's leading monarchs. Within months of the campaign ending, Saladin died in Damascus, exhausted and almost penniless. Through a unique blend of source evidence and vivid, pacy storytelling, *The Life and Legend of the Sultan Saladin* brings to life this extraordinary man's career and legacy.

## FICTION

Pascal Mercier

### **Night Train to Lisbon**

ISBN: 9781843547136, Paperback

*Night Train to Lisbon* follows Raimund Gregorius, a 57-year-old Classics scholar, on a journey that takes him across Europe. Abandoning his job and his life and travelling with a dusty old book as his talisman, he heads for Lisbon in search of clues to the life of the book's Portuguese author, Amadeu de Prado. As he gets swept up in his quest, he finds that the journey is also one of self-discovery, as he reencounters all the decisions he has made – and not made – in his life, and faces the roads not travelled.

Jose Saramago

### **Baltasar and Blimunda**

ISBN: 9781860469015, Paperback

In early 18th-century Lisbon, Baltasar, a soldier who has lost his left hand in battle, falls in love with Blimunda, a young girl with visionary powers. From the day that he follows her home from the auto-da-fe where her mother is burned at the stake, the two are bound body and soul by love of an unassailable strength.

Carlos Ruiz

### **The Labyrinth of the Spirits**

ISBN: 9781474606189, Hardback

The long-awaited new novel from the author of the global bestseller and modern classic, *The Shadow of the Wind*. As a child, Daniel Sempere discovered among the passageways of the Cemetery of Forgotten Books an extraordinary novel that would change the course of his life. Now a young man in the Barcelona of the late 1950s, Daniel runs the Sempere & Sons bookshop and enjoys a seemingly fulfilling life with his loving wife and son.

Lottie Moggach

### **Under the Sun**

ISBN: 9781509815531, Paperback

An unforgettable novel about heartbreak, identity, migration and finding a place to call home. Anna gave up everything she had in London – her flat, her job, her friends – to run away to Spain and live the dream with the handsome, complicated artist she had fallen in

love with. They were building a life together, renovating a beautiful finca in the mountains – but then Michael left, with little more than a note to say goodbye, and Anna's future crashed around her ears.

Jaume Cabre

### **Confessions**

ISBN: 9781909807570, Hardback

Drawing comparisons with *Shadow of the Wind*, *The Name of the Rose* and *The Reader*, and an instant bestseller in more than 20 languages, *Confessions* is an astonishing story of one man's life, interwoven with a narrative that stretches across centuries to create an addictive and unforgettable literary symphony. At 60 and with a diagnosis of early Alzheimers, Adria Ardevol re-examines his life before his memory is systematically deleted.

Alain Fournier

### **Le Grand Meaulnes**

ISBN: 9780099529729, Paperback

When Augustin Meaulnes arrives in Francois' home, he changes everything. On one of his escapades, Meaulnes gets lost in the countryside and finds himself at an extraordinary party where he meets the girl of his dreams. From this point on, he is haunted by her memory and devotes his life to finding her again.

Various authors – translated by Helen Constantine

### **French Tales**

ISBN: 9780199217489, Paperback

*French Tales* is a collection of twenty-two translated stories associated with the twenty-two regions of France. The book, which includes both well-known and little-known writers, affords readers a panoramic view of French society and culture, reflecting, as it does, its variety and diversity from Brittany to Corsica.

F. Scott Fitzgerald

### **Tender is the Night**

ISBN: 9780141183596, Paperback

Between the First World War and the Wall Street Crash, the French Riviera was the stylish place for wealthy Americans to visit. Among the most fashionable are psychoanalyst Dick Diver and his wife Nicole, who hold court at their villa. Into their circle comes Rosemary Hoyt, a film star, who is instantly attracted to them, but understands little of the dark secrets and hidden corruption that hold them together.

Sarah Dunnant

### **The Birth of Venus**

ISBN: 9781844089123, Paperback

Alessandra is not quite fifteen when her prosperous merchant father brings a young painter back with him from Holland to adorn the walls of the new family chapel. She is fascinated by his talents and envious of his abilities and opportunities to paint to the glory of God. Soon her love of art and her lively independence are luring her into closer involvement with all sorts of taboo areas of life.

*Irving Stone*

**The Agony and the Ecstasy**

ISBN: 9780099416272, Paperback

Michelangelo Buonarroti lived in the time of the turbulent Renaissance, the years of poisoning princes, warring popes, the powerful Medici family, and the fanatic monk Savonarola. Working with a God-driven fury he created "David", painted the Sistine ceiling, and was the architect of the dome of St Peter's.

*Robert Harris*

**Conclave**

ISBN: 9781784751838, Paperback

A new psychological and political thriller from the award-winning author of *An Officer & A Spy*, this provides a tense and insider analysis of the world's most secretive election: Conclave. "...A triumphant addition to Harris' acclaimed output." (David Gylls, Sunday Times).

*Helen Constantine*

**Rome Tales**

ISBN: 9780199572465, Paperback

In ways no guide book can achieve, these twenty absorbing tales by Italian authors ranging from Boccaccio in the Middle Ages to Giacomo Casanova in the eighteenth century, to Pier-Paolo Pasolini in the twentieth and contemporary new writers such as Melania Mazzucco and Igiaba Scego, offer the delight of discovering and exploring one of the world's most unique cities thorough a wide variety of individual lives and epochs.

**MAPS & GUIDES**

*Freytag and Berndt*

**Mediterranean Cruise Map**

ISBN: 9783707912906

*Michelin Map*

**Spain & Portugal**

ISBN: 9782067226647

*PopOut Map*

**Lisbon**

ISBN: 9781910218488

*PopOut Map*

**Barcelona**

ISBN: 9781910218419

*PopOut Map*

**Florence**

ISBN: 9781910218426

**Eyewitness Cruise Guide to Europe**

ISBN: 9781409370222, Paperback

A multi-country guide to Europe's most spectacular cruising destinations. From Oslo to Athens, it covers 70 ports of call. It also features photos and illustrations, unique 3-D models, and bird's-eye-view maps of all the major sites.

*Dorling Kindersley Eyewitness*

**Lisbon**

ISBN: 9780241253977, Paperback

*Dorling Kindersley Eyewitness*

**Spain**

ISBN: 9780241306048, Paperback

*Footprint Handbook*

**Marseilles & Western Provence**

ISBN: 9781909268852, Paperback

*Insight Guide*

**Provence and the French Riviera**

ISBN: 9781786716392, Paperback

*Marco Polo Guide with Map*

**Italy**

ISBN: 9783829707695, Paperback

*Blue Guide*

**Florence**

ISBN: 9781905131754, Paperback

*Dorling Kindersley Top 10*

**Rome 2019**

ISBN: 9783829706612, Paperback

*Blue Guide Concise*

**Rome**

ISBN: 9781905131303, Paperback